



RSE Consultation

March 2021



Department
for Education

Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies,
proprietors, head teachers, principals, senior
leadership teams, teachers

The most up to date RSE guidance was written in July 2020. This is now statutory.

It states that as of Summer 2021 RSE will be **statutory** – meaning it **must be taught in all education settings**.

The Health Education and Relationships Education aspects of PSHE (personal, social, health and economic) education will be compulsory in all primary schools from Summer 2021.

What does the new statutory guidance cover?

Relationships Education (Primary)	Health Education (Primary)
<ul style="list-style-type: none">● Families and people who care for me● Caring friendships● Respectful relationships● Online relationships● Being safe	<ul style="list-style-type: none">● Mental wellbeing● Internet safety and harms● Physical health and fitness● Healthy eating● Drugs, alcohol, and tobacco● Health and prevention● Basic first aid● Changing adolescent body

What does your child already learn?

As part of the Science curriculum we teach the following statutory objectives by the end of certain year groups which build understanding about growth and reproduction:

The information below is taken directly from the National Curriculum.

National Curriculum link:	
	Science - animals, including humans (statutory requirements)
Pupils:	Pupils should be taught to:
Year 1	4.1 identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
Year 2	4.2 notice that animals, including humans, have offspring which grow into adults
Year 5	4.3 describe the changes as humans develop to old age

The next slide outlines how this is broken down in each year group.

Y1 Animals, including humans

Pupils should be taught to:

- identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals
- identify and name a variety of common animals that are carnivores, herbivores and omnivores
- describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals including pets)
- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

Y2 Animals, including humans

Pupils should be taught to:

- notice that animals, including humans, have offspring which grow into adults
- find out about and describe the basic needs of animals, including humans, for survival (water, food and air)
- describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

Y5 Living things and their habitats

Pupils should be taught to:

- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals

Animals, including humans

Pupils should be taught to:

- describe the changes as humans develop to old age

What is effective Relationships Education and PSHE?

- Age appropriate
- Based on needs of pupils
- Progressive
- Inclusive
- **Delivered by trained staff in a safe environment – rules will be created with the teacher and class to ensure this.**
- Prepares children adequately for puberty in a timely way
- Prepares children for adult life
- Promotes positive relationships

Recommendations for Changes/ Schools:

- Introduce children to the **correct scientific terms** to describe body parts in Key Stage 1
- Include work around the makeup of different families
- Explore/ **challenge gender roles**/ stereotypes
- Begin to explore puberty changes by the age of 8/9
- **Deliver Relationships Education in a progressive way** across the school
- Ensure that children in **Year 5 and 6 receive RSE input around puberty so that they are prepared as soon as possible for the onset of puberty**
- For some sessions on Sex Education consider single gender sessions

Your rights as a parent:

- To be informed of the RSE curriculum and policy
- To be consulted about changes to these

So what else do we teach?

Our revised PSHE curriculum (Personal, Social and Health education) has 3 strands:

Health and Wellbeing

Healthy Lifestyles, Growing and Changing, Keeping Safe

Living in the Wider World

Rights and Responsibilities, Environment, Money

Relationships Education

Feelings and emotions, Healthy Relationships, Valuing differences

Each of the strands will be taught sensitively and has age appropriate content.

The strands will all be taught with the values of our school at the heart of them – as with all lessons.

Below you will find RSE content which is planned to be taught in the Summer term this year and is taken from **CWP resources**. This will be taught alongside planned PSHE lessons.

Reception Family and Friendship Lesson 1: Caring Friendships Lesson 2: Being Kind Lesson 3: Families	Year 1 Growing and Caring For Ourselves Lesson 1: Different Friends Lesson 2: Growing & Changing Lesson 3: Families & Care	Year 2 Differences Lesson 1: Differences Lesson 2: Male & Female Animals Lesson 3: Naming Body Parts
Year 3 Valuing Difference and Keeping Safe Lesson 1: Body Differences Lesson 2: Personal Space Lesson 3: Help and Support	Year 4 Growing Up Lesson 1: Changes Lesson 2: What is Puberty? Lesson 3: Healthy Relationships	Year 5 Puberty Lesson 1: Talking about Puberty Lesson 2: The Reproductive System Lesson 3: Help and Support
Year 6 Puberty, Relationships & Reproduction Lesson 1: Puberty & Reproduction Lesson 2: Communication in Relationships Lesson 3: Families, Conception & Pregnancy Lesson 4: Online Relationships	<u>Puberty will be taught in single sex groups.</u>	



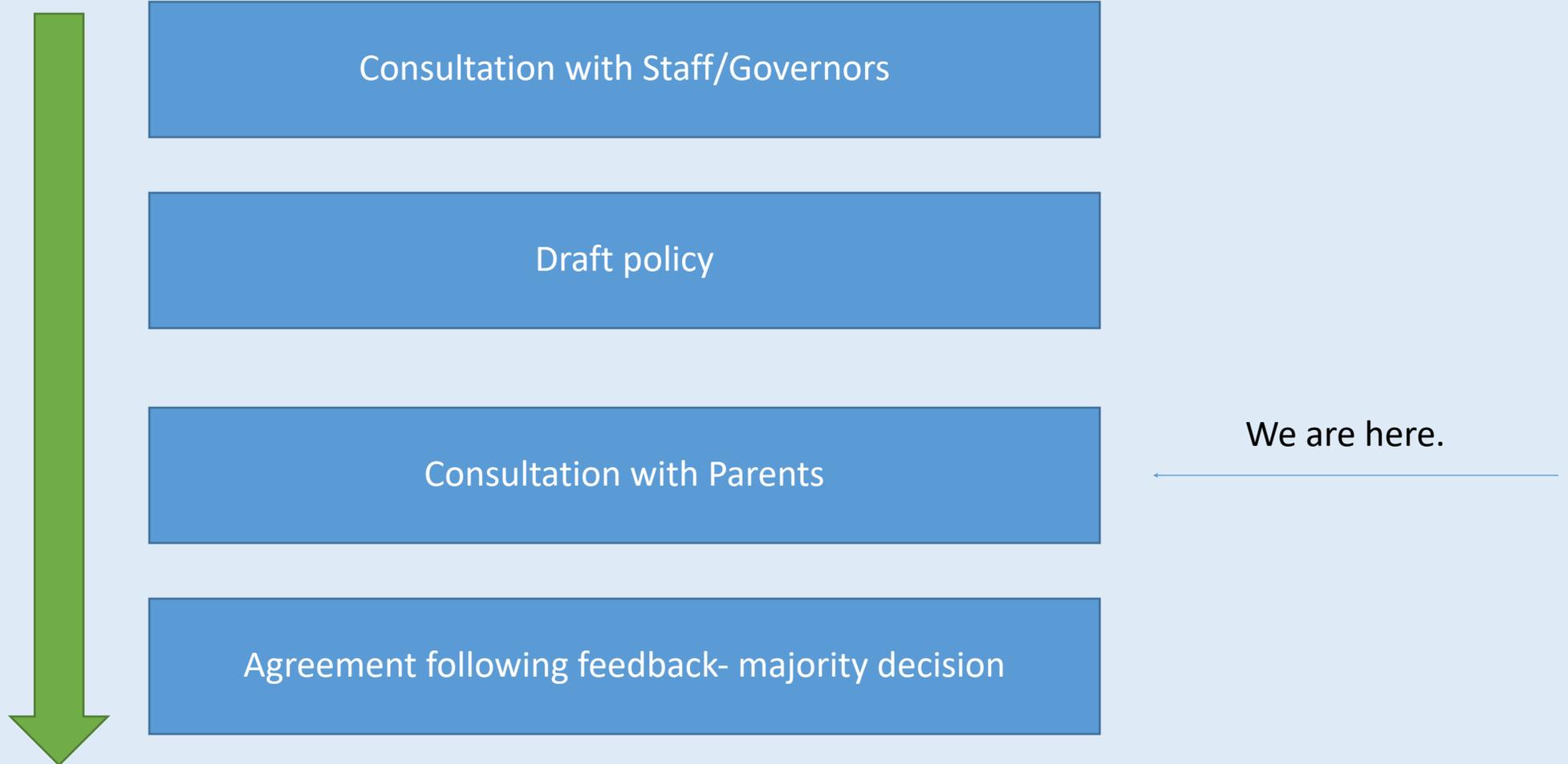
In the following two slides you will find an overview of the whole curriculum that will be taught, as of September 2021, for PSHE and Relationships Education. For pupils in Reception, PSED is one of the three prime areas within the Early Learning Goals and is taught through the continuous provision in school.

Term	Autumn	Spring	Summer
Visits	Road Safety Bikeability Drugs workshop School election Black History Month Anti-bullying Week	Justice for Peace University visit Careers Week Safer Internet Day Children's Mental Health	Road Safety E-safety Water Safety Fire Safety School Nurse One Britain One Nation

	Autumn: Health and wellbeing			Spring: Living in the wider world			Summer: Relationships		
	Physical health and Mental wellbeing	Growing and changing	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Families and friendships	Safe relationships	Keeping safe
Year 1	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful
Year 2	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts;	Safety in different environments; risk and safety at home; emergencies	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information.	What money is; needs and wants; looking after money	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions Moving class or year.
Year 3	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and re-framing setbacks	Risks and hazards; safety in the local environment and unfamiliar places	The value of rules and laws; rights, freedoms and responsibilities.	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite

Year 4	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively
Year 5	Healthy sleep habits; sun safety; medicines, vaccinations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid and FGM	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination
Year 6	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view including discussing topical issues

A revised Relationships Education policy for St Pauls C of E for 2021



RSE Policy

The draft RSE policy is also on the school website for you to view.

Summary:

- Topics covered related and linked to the Science Curriculum are statutory and not optional to teach.

This is as follows:

- In Key Stage 1, children learn that animals, including humans, have offspring that grow into adults. They should be introduced to the concepts of reproduction and growth but not how reproduction occurs.
- In Upper Key Stage 2 (Year 5/6), children are taught about the life cycles of humans and animals, including reproduction. They also learn about the change that happen in humans from birth to old age. This includes learning about what happens in puberty.
- Schools have the right and obligation to teach RSE topics to prepare children for life when they leave school.
- The curriculum on Relationships and Sex Education should complement, and be supported by, the school's wider policies on Behaviour, bullying and safeguarding (PSHE; E-Safety, Relationships etc).

Please email any questions to head@stpauls.bradford.sch.uk by Wednesday 14th April 2021. These will be responded to by Monday 19th April 2021. as part of our consultation with parents.

